



There once comes a time...

There once comes a time in one's life, when one re-unites with our wonderful source.

Beauty is the essence. Spirit all around. Being vibration.

Hold on to your essence, unfold your truth. Live your Beauty.

Still and in the knowing our being finds its place, re-uniting with what once was, and always has been.

Sounds are mighty and distinct. You are vibrating to the stillness of sound. Stretching across space, one cannot possibly comprehend in the state of human awareness.

„Know That I Am“ is one of the most powerful quotes we have received; It beautifully fits when trying to better understand or feel the vastness of „all there is“ or the „space“ of which you are part, when your bare soul re-unites.

The poet within explores the depth of our inner wisdom. Not sure of its language or its message, it still intrigues and pulls us in.

Where is it coming from? Where will it lead? Should we surrender gracefully to what we receive so clearly, yet we question its existence and its source.

How can we trust and innocently accept the voices, rhythms, signs or otherwise vibrational touch? This, my friends, has always been a key question: How do we instill belief? Can we really create belief or does belief come from within? Can belief be stimulated? I do believe so.

The right stimulus will trigger a response. This is why the environment in which we live is so very critical to how we express ourselves and live our lives. The environment is the stimulus upon which our cells, tissue, organs express themselves within our physiology and mental as well as emotional completeness.

Trust and believe in each single moment. The power and beauty that is held in each moment can be captured and lived through every cell within and all around us.

Each moment comes from stillness and returns to stillness.

Each moment is eternal, and so is your experience, and so are YOU.