

# Physics Precedes Chemistry

## The Biophysical Approach to Effective Treatment

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*The following is an abstract from a presentation given by Dr. Wolf-Dieter Kessler, M.D., at the ONDAMED International Symposium held in New York City in October of 2006. Dr. Kessler is an internationally renowned Integrative Medical Physician and is the founder of the Kessler Clinic in Northern Germany.*

**D**isease is considered to be an impairment of organ function. In other words: impaired tissue function. Functional medicine seeks to improve impaired organ function. The main problem is finding the right spot to treat. The spot could be an area of the body or an organ of the body. In other words: do not treat the symptoms and the areas where the body expresses them. Stay on the reaction area found by the pulse. The goal is to reduce the patient's complaints by improving function. Homeopathy could do that. However, you have got to be lucky to find the right substance and it is extremely difficult to find the correlating sequence of substances to go through the disease layer by layer. Electro acupuncture can provide us with abundant data about the patient's disease but still doesn't say where to start therapy. Not until recently, has Electro acupuncture been able to tell us where to start the therapy by using testing procedures based on the Chinese System of Five Elements. If I try to improve function by using medications found through Electro acupuncture, I often face another problem: the diseased organ does not respond satisfactorily to medication. Factors responsible are considered to be: the rigidity – the lack of resonance – the yin situation of the tissue. Causes are considered to be: deposited materials in the matrix tissue such as heavy metals, pesticides, plasticides, fungus, bacteria, and viruses. All of these substances can cause acidity, rigidity, and consequently – lack of energy. According to Bruce Lipton, cell dysfunction comes from the outside. Healing goes to the subconscious level. Electro acupuncture also cannot give us simultaneous proof of improved organ function. Neither does it tell us which route we have to go: for instance, beginning with the right maxillary sinus, proceeding to the liver, proceeding to the heart area in a case of paroxysmic tachycardia.

ONDAMED is the only electromagnetic impulse frequency device combined with biofeedback. It helps us find where and how to treat. It generates the lacking energy by putting the rigid tissue into specific resonance. It also gives simultaneous control of improved function. Other means such as SEG or Thermography can be supportive to demonstrate improved tissue or organ function. Foremost Biophysics has changed our understanding of healing in the past decades. Among other methods such as EAV, SEG,

VEGA Test, BIOELECTRONICS, RADARVITHOULKAS, MITOSAN, INDUMED, MORA, BIORESONANCE, QUINTSYSTEM, it is the ONDAMED, which deserves attention and admiration of therapists worldwide. It is an unprecedented tool and this abstract will show why and how this system has proven to be indeed “The First Choice” in healing efforts. In fact, this system has demonstrated itself qualified to provide both a fast and accurate structural picture of the disorder and its indicated therapeutic course of action.

“What does Rolf Binder, a medical bio-electrical engineer, have to offer?” He presents us with a biophysical tool as an effective diagnostic and treatment approach. Is it justified that ONDAMED has become known worldwide? Who would not embrace a medical innovation in a heartbeat, if it had substantial treatment capabilities? How often have we been frustrated in finding the proper approach to a complex health condition? Speaking for myself, I think that both mental and physical pain, regarding my own health issues, has forced me to pursue the route of Functional Medicine. We all may have a certain destiny, and we choose a special road to avoid the worst pain. For me, having started as a substantial player in the lung transplant team at Montefiore Hospital, Albert Einstein Foundation in New York, it became compulsory to choose Healing Medicine after I became aware of what we do not know.

**To improve organ function I'm always faced with the same problems:**

1. Is there any proven method available to do the job?
2. Where and how should I approach a chronic health disorder? At what point should I start?

**Consider homeopathy:**

- ◆ Let's be honest, who of you does not get chills on their backs hearing the word “Homeopathy”. Although I first succeeded with Chininum arsenicosum 4X in a case of goiter, it was pure luck that I found that substance. Using this method, I could not be certain in predicting success.
- ◆ Electrodermal screening (EDS, EAV) gave me a great push forward. It was a more standardized method. Consequently I was somewhat able to predict success in treatment. Using this method

at least we achieved something by improving almost every patient's condition to a limited extent. This method, also provided the financial foundation to run my clinic, using mainly Alternative and Functional Medicine. However, if EDS were the ultimate therapeutic tool, *we would have healed everyone*. On the contrary, the reality was bitter/sweet and the patients, who exhibited an unsatisfactory response to therapy, pushed us to do better.

- ◆ **There were questions I reflected on and could not answer:**
  - *Which method would give an answer to the phenomenon that: EAV, VEGA, QUINT etc. helped some patients improve and others not?*
  - *Does it make a difference, at which site of the body I started therapy?*
  - *Did I really start therapy at the main trigger area?*

Looking at TCM, Traditional Chinese Medicine, we know that success for sure, depends upon where we apply the acupuncture needle. But who of us has the time to study the TCM system? And if so, how could we prove the quality of our own approach? Above all, acupuncture only represents about 10% of what TCM has to offer in its healing approaches.

There is one system capable of answering the following questions: *"Where should I start therapy?" "How should I treat?" "Which pathway should I follow?"*

#### The ONDAMED

- ◆ The purpose and function of ONDAMED is to tell us quickly and accurately, where to begin and what to treat.
- ◆ But how could I verify the company's statements? It takes a different proven system, to provide coordinates for pinpointing.
- ◆ Not until Electrodermal Screening became advanced enough (QUINT System) and diseases were categorized into four groups were we able to know this answer: The ONDAMED System is indeed the **simplest and fastest tool**. It tells us where to go, and is the most accurate medical innovation to approach disease in decades. It both pinpoints the reaction areas to be treated and promises a compatible language to address toward the dysfunctional tissue.

The 4 groups (according to the QUINT System) are:

1. Vascular diseases
2. Nerve diseases
3. Autoimmune diseases
4. Focalized inflammatory diseases

If we then tested every toxin against the designated priority group using the Chinese System of Five Elements, we would come to know the main momentary cause of the disorder. This would be a mathematical statement.

#### The QUINT System (Holopathy, Dr.Christian Steiner):

This electro acupuncture method uses high-tech computerized software in order to re- balance the patient mathematically. It relates to the number "five" (QUINT) of the Chinese Five Elements. The Five Element System takes into consideration, that a diseased organ is always interconnected with many other dysfunctions.

A simple example in a case with heart disease would be: the liver provides energy for the heart whereas the pancreas would take away from it. Steiner also takes into consideration that disease always involves the psyche, the central nervous system, the connective tissue, reflexes, glands, muscles etc.

The treatment uses the most causal, individual, and complex prescriptions which are applied both energetically (QUINT Box) and biochemically (Remedies).

**Understanding the concept of Main Focus, the question is:**

1. How does the O N D A M E D *express the main momentary focus?*

**Further:**

2. How do I *improve function?*
3. How could I *detect improvement* of organ-function simultaneously with the therapy?
4. How could I detect *non-improvement or deterioration* of organ-functions simultaneously with the therapy?
5. Which *sequence-route* through the organs do I have to take during therapy, in other words: how do I proceed treating my patient?
6. Can I say anything about the *quantity of the dysfunction* of the inflammatory site?

**The answers to the previous questions reveal themselves in the following cases:**

#### First Case

A 64 year-old female has history of paroxysmal tachycardia with anxiety disorder.

Daily medication of 25mg Atenolol (Beta Blocker). During attacks there is extreme dryness of the mouth, elevated systolic and diastolic blood pressure and frequent urinary discharge. Recurrent diarrhea. There was rheumatic fever in childhood. History of a cyst in the upper lateral quadrant of the right breast that responded to Rhus toxicodendron 200 C. Hypermenstruation in youth and systemic skin allergies.

#### QUINT Diagnosis:

Electro-dermal screening through **Five Elements** showed focalized inflammation affecting the right maxillary sinus caused by mercury. Her dentist had pushed an amalgam filling into the maxillary sinus years ago.

### First day:

#### ONDAMED:

*Right frequency* 23.97 Hz (liver)

*Left frequency* 2108 Hz (heart/smaller intestine)

*Intensity* 5.4.

The patient has pain in the heart area (sulfur point). Occasional pain in the liver area (acidophilus point) and the right middle abdomen (zinc point).

- ◆ Scanning of the body with these frequencies showed resonance in the right maxillary sinus, heart (sulfur point), liver (Acidophilus point), right middle abdomen (zinc point), and right lower scapula (bile referral area).
- ◆ Programs:  
35 (heart/circulation)  
71 (eyes), 92 (pancreas)  
140 (hormonal issues)

We used 35 (heart) and 71 (eyes). Reactions to treatment were tachycardia, sweating and bloated abdomen.

- ◆ Microorganisms: Pulse Bio-feedback indicated: 202.1- (Sterigmatocystin), intensity 3.8, 5 minutes.  
Sterigmatocystin is a poisonous substance produced by a fungus causing cellular death in liver, kidney, and nuclear RNA.  
Homeopathy: Rhus toxicodendron 12 X. Rhus tox is a complementary substance to sulfur!

#### ONDAMED Assessment:

Metabolic sulfur/acidophilus/zinc blockage. Combined liver/pancreas dysfunction and cardiovascular reactions through Sterigmatocystin toxicosis and liver fluke. The paroxysmic tachycardia seemed to be of toxic origin. Both sulfur and zinc blockages would cause enzyme dysfunction.

Homeopathy: Rhus toxicodendron 12 X. Rhus tox is a complementary substance to sulfur!

### Second Day:

At night the patient had extensive sweats, bloated abdomen, coughing, and increased tachycardia. In the morning the patient felt better. Pulse 75/min. Still coughing. Urine became darker. We used the **same** frequencies 23.97 (liver) and 2108 (heart/smaller intestine). Scanning again showed the right maxillary sinus, left ear, left mandibula, heart (sulfur point), right lower scapula (bile referral area), lower thoracic vertebrae.

Treatment in the right maxillary sinus spontaneously showed that the left ear and the left mandibula did not exhibit symptoms any more. Control of the heart point showed lesser reaction. Going back to the maxillary sinus resulted in the heart point being normalized.

**Programs run:** 39 (kidney/bladder), 82 (vertebral joints)

We chose program 39 for the bladder since the patient also suffered from coughing. Lung and bladder are oppo-

site to each other in the Chinese Organ Clock. 3-5 a.m - lung and bladder 3-5 p.m. Microorganism treatment was postponed for the next day.

### Third day:

Urine was still dark. Less heart pain was expressed at the sulfur point. Only slight and temporary tachycardia. No beta blocker (Atenolol 25mg) was needed. Increased dry coughing was seen as well as need to swallow. Dry mouth and thirst were complaints. Treatment of the maxillary right sinus with **same** frequencies was conducted. Sinus still showed pulse response. Heart (sulfur point) still showed pulse reaction. After a five-minute treatment there was no pulse reaction in either region. Microorganism treatment 202.1 (Sterigmatocystin) of maxillary right sinus with matrix applicator on liver/heart. Due to coughing we tested the programs again:

#### Programs:

- 48 (Neuro-veg)
- 71 (Eye problems)

**Reactions:** pulse slightly elevated, less eye pain, no beta-blocker needed, almost no night sweats, coughing improved.

After two more microorganism applications, we retested.

- Results:** *Right frequency:* 21.98 Hz (glands, hormones, gallbladder)  
*Left frequency:* 5627 Hz (glands, hormones, gallbladder)

Both frequencies responded to the glands/hormones/gallbladder in different octaves.

Scanning showed **no** response at the right maxillary sinus. The heart point reacted less severely. The left middle abdomen and left wrist were also detected in scanning.

The left middle abdomen responded the most. Treatment of that area with these new frequencies produced no pulse change in the heart region. Therefore we treated the right maxillary sinus again. Although we did not have any pulse response in the right maxillary sinus, both the heart region and the left middle abdomen improved!

**Reaction to treatment:** patient was tired

- Programs:** 74 (skin allergy)  
116 (Para-thyroid gland)

#### Microorganisms:

- 106.1- (liver fluke ) intensity 2.1, 1:50 min
- 210.3- (Enterobacter aerogenes), intensity 2.7, 4:50 min

#### What did we learn in this case?

- ◆ At first we had a liver and cardiovascular dysfunction.

- ◆ Then we had a clear hint for a combined gall bladder and hormonal problem (parathyroid)
- ◆ Within a few days ONDAMED applications apparently brought us to a deeper level of the disease.

Let's come back to our initial questions:

1. *How does the ONDAMED express the main momentary focus?*

Remember: the patient's main complaint was paroxysmic tachycardia.

As healing always follows from head to toe (HERING'S RULE), we always begin with applications at the head focus going downwards. I treated the right maxillary sinus and – in between – also checked the pulse by scanning the heart area. I found that the pulse response decreased over the heart area, when I treated the maxillary sinus.

However, the pulse response from scanning the heart area did not decrease, while treating the left ear or the left lower jaw. As we had several head foci, the heart only improved when we treated the right maxillary sinus and did not improve while treating the ear or jaw.

Ergo: The main focus is that site which would diminish the pulse response over the main complaint organ. The main complaint organ in our patient here was the heart. Treating the right maxillary sinus faded away the pulse response over the heart area.

2. *How do I improve function?*

Function seems to improve if the pulse response over the main complaint area is fading away by treating a focus.

3. *How could I detect improvement of organ-function simultaneously with the therapy?*

Diminished pulse response over the main complaint area while treating the main focus seems to indicate improved function. According to our findings, the patient seemed to have fewer complaints.

4. *How could I detect non-improvement or deterioration of organ-functions simultaneously with the therapy?*

Pulse response over the main complaint area would remain the same or would become stronger while treating the wrong focus.

5. *Which sequence-route do I have to take through the organs during treatment?*

Very simple: If the pulse response over the main complaint area is not fading away while treating an area, you must go back to treating that focus which correlates with the heart. Since healing always follows from head to toe, you would go back to a head focus first. Our patient after a few treatments had no pulse response any more over her right maxillary sinus and yet we had to continue to treat that area. This phenomenon is known in Bioresonance and is demonstrated by "treating a healthy acupuncture point".

6. *Can I say anything about the quantity of the dysfunction of the inflammatory site?*

Yes, in this case we had to go back to the right maxillary sinus since treating of other foci did not stop the pulse response over the heart area. Although scanning the right sinus with specific frequencies did not give a pulse reaction, only that area would improve the heart. Consequently the right sinus had the most dysfunction.

**What did we learn?**

Our patient suffered from sudden tachycardia. She was resistant to any other therapy.

However, she responded to 25 mg Atenolol for a short time until tachycardia recurred. Among all other foci, it was the right maxillary sinus that correlated with the heart. After a few days of treatment new specific frequencies clearly showed the deeper layer, the bile/hormones/glands also to be responsible for tachycardia. The bile is the antipode of the heart in the Chinese Organ Clock. Very often we have to treat the antipode of the complaint organ. In the case of bladder cancer, we had to treat the lungs, for instance. Programs showed involvement of the para-thyroid (program 116), which seems to be plausible, since any change in heart frequency always points to the thyroid/parathyroid. The parathyroid is a key organ for calcium metabolism. Apparently there was a dysfunction in calcium metabolism.

**Second Case**

A 29-year-old female. Ongoing stinging pain in her left lower abdomen. Amenorrhea for 6 years. History of a cyst in the left ovary. Chronic subacute bronchitis. Snoring at night.

Electrodermal screening (QUINT) showed focalized inflammation of both the pituitary gland and ovaries.

**ONDAMED:**

*Right frequency:* 322.53 Hz (circulation)

*Left frequency:* 1024.00 Hz (heart)

*Intensity:* 3.8

Scanning of the body with these frequencies showed the main reaction area was in the right lower jaw, left neck (tonsil region), left occiput, lumbar region, left inner knee. However, only by treating the left throat/tonsil region both the left ovarian region and left occiput had decreased resonance. Nevertheless, the ovarian focus did not quiet down completely by the end of that treatment. Treating right lower jaw did not reduce any ovarian response.

**Programs:**

38 (liver/gall bladder)

81 (Viruses) Patient had Epstein Barr infection years ago

112 (Cerebellum)

152 (Antibiotics balancing) Patient had extensive antibiotic treatment for nephritis

168 (mental balance)

**Result:**

Although the reaction in the left ovarian region subsided in between the therapies, we had a new pulse response after treatment. Therefore we treated the ovarian region directly. We used program 168. After treatment the patient had less pain and function seemed to be improved. What was going on? I don't know. Fact was, the patient had fewer complaints in the left abdomen.

**Microorganisms:**

206.3-(*Neisseria catarrhalis*, *Branhamella*), intensity 3.8, 2:50 min

**Homeopathy:**

Tartarus emeticus 6 X, *Aralia racemosa* 30 C

**Third Case**

A 50-year-old male. Years of pain in the bladder region. Years of pain in the gall bladder region. Years of pain in the heart area with projection into the left lateral hand.

Occasional slight dizziness when getting up. Pneumonia treated twice without antibiotics.

Electrodermal screening (QUINT) showed focalized inflammatory disease. The lungs were affected. Main cause was intolerance to milk.

**ONDAMED:**

*Right frequency:* 256 Hz (heart)

*Left frequency:* 67.80 Hz (smaller intestine)

*Intensity* 2.6

Scanning of the body showed pulse reactions in the left frontal sinus, left lower jaw, right upper chest, right hypochondrium, right lower abdomen and inguinal area, 1-2. thoracic vertebrae.

**Programs:**

27 Psycho Autonomic Nervous System Program

53 Super Regulation A

91 Overacidity

Microorganisms: *Borrelia Burgdorferi*, Herpes simplex 1 (2.area), *Trypanosoma brucei*

Treatment route was: left frontal sinus, left lower jaw, and right upper chest. Controls of the bladder region and heart area never showed any reaction although the patient had complaints there. The right upper chest was most resistant to therapy. We continued treatment with specific frequencies for about 15 minutes. Program 91 was included in between specific frequency therapy. However, it did not melt the focus down. ONDAMED assessment: The right lung was the leading problem according to our findings. Underlying Borreliosis.

**Remarks:**

The area/point of pain the bladder/symphysis region matched with the lead point. However, we did not have any

pulse reaction in that area. The area/point of pain in the heart region matched with the sulfur point. However, we also did not have any pulse reaction there. So we believe, that these painful areas are triggered by the other sites e.g. the right upper chest. This had also been demonstrated by the QUINT System. The left lung was the leading problem. ONDAMED showed the right upper chest to be the most resistant focus. So apparently the right lung was the leading problem.

Since the lung and bladder are opposites in the Chinese Organ Clock, it is understandable that we had to treat the lungs in order to relieve the bladder. We postponed the microorganism related frequency treatment until a few days later once the right chest focus would no longer show any pulse reaction.

Treating the right upper chest (right lung) with specific frequencies, program 91, and *Borrelia Burgdorferi* gave tremendous relief to the patient.

**Homeopathy:**

Syphillinum 100 X, *Belladonna* 30 C, *Scilla* 30 C

Early in my medical career, I came to the realization that success only occurs when the best minds work in concert with one another. It is the group dynamic which propels us forward. Unfortunately, in the medical field, egocentricity may be an issue. However when we manage to function based solely on information presented to us at face value, without letting preconceptions blind us, we find a whole new world open up to us. As I've heard previously, "It is amazing how much progress groups of people can make when no one cares who gets the credit". I believe that Rolf Binder, the ONDAMED inventor, and all those who were integral in the development of this system took an approach that exemplifies the previous statement. He and others involved in his company have taken previously unrelated concepts, theories, and applications and integrated them in a way that not only makes perfect sense from a scientific standpoint, but as the case histories demonstrate, provide wellness to individuals suffering throughout the world. 🌸

*For more information on ONDAMED please visit our website – <http://www.ondamed.net>*

**About the Author**

*Wolf-Dieter Kessler, M.D., has been a physician for over 35 years. His clinic in Northern Germany is a leading institute for treating acute and chronic disease. He was part of the lung transplant team at Montefiore Hospital in New York performing mainly electron-microscopical research on both human and canine transplanted lungs. He was confronted with a health problem more than 30 years ago after contracting a chronic infection in India and became highly allergic to almost anything. The lack of satisfactory help in conventional medicine made him hunt for both: to advance conventional and complementary treatments.*