

Commentary from
the founder of
Alternative Medicine

Mending a **Broken** Life

An electromagnetic device triggers a healing journey BY BURTON GOLDBERG

A few months ago, I travelled to Victorbur, Germany, on the shores of the North Sea. My host was Wolf-Dieter Kessler, a doctor who specializes in the diagnosis and treatment of chronic diseases by using a broad range of conventional and alternative methods. While there, I witnessed a case that introduced me to an amazing new device, and convinced me once again that alternative medicine is capable of reversing even long-lasting problems.

I had been at the Kessler Clinic only two days when I met a woman whom I will call Hildegarde. A petite, attractive, red-haired woman in her mid-50s, she had arrived at the clinic in a state of total demoralization. "You felt uneasy just looking at her," Kessler informed me, as we walked down to the dikes at the edge of the sea.

"She was very depressed, very insecure, and she had no self-esteem. She had fallen into a deep hole and saw no way out." She was suffering from multiple ailments: In addition to depression and anxiety, which woke her in the middle of the night with heart palpitations, she was experiencing biweekly breakouts of herpes zoster. Her mood swings were so terrible she found herself destroying her closest relationships.

On arriving at the clinic, she immediately underwent testing. She went through electrodermal screening, iridology, kinesiology, and—most intriguingly for me—a session with the Ondamed, an electromagnetic device Kessler has been using for about five years.



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The effectiveness of electromagnetism in diagnosis and healing is well established. The MRI, or magnetic resonance imaging machine, for instance, uses feedback (resonance) from electromagnetic waves in diagnosis. Other kinds of electromagnetic pulse devices are widely used by orthopedists to stimulate



bone healing in patients.

The Ondamed—the name comes partly from the Latin word for "wave"—goes a step further: It fine-tunes frequencies to the individual patient as well as for specific diseases and conditions. Each organ in the body generates a specific frequency, Kessler explains; every virus, bacteria, parasite, and fungus produces its own frequency; and various disease con-

ditions cause the body to resonate with specific frequencies. A German company, Ondamed (www.ondamed.de) established a United States subsidiary a year ago, and about 15 machines are now in use in this country. A study of its use in treating major depression is currently in the works at Westchester Medical Center in New York.

For testing, the patient wears a neck applicator attached to the device, which is about the size of a VCR, while the practitioner scrolls through the various frequencies and simultaneously takes the patient's pulse. A spike in the pulse signals a reaction to a particular frequency, indicating a particular organ or area of disease. For treatment, the practitioner selects appropriate frequencies and transmits them via applicators placed on the body to stimulate cells and organs, break up blockages in stagnant areas, or destroy parasites, viruses, and other pathogens. "In my 28 years of medical practice," Kessler told me, "the Ondamed is the most effective method I've seen to treat chronic conditions."

Testing revealed that Hildegard had an allergy to milk, blood abnormalities, including anemia, and very high cholesterol. She also had parasites. The Ondamed showed blockages in her gall bladder, liver, small intestine and bladder. "She was in a state of complete hormonal imbalance," Kessler adds, "and her thyroid wasn't working."

Kessler took Hildegard off milk on the first day and began treating her with homeopathic remedies. Then, using a method called psychokinesiology, Kessler's wife Antje led Hildegard back through earlier times in her life, asking questions about her past while testing the strength in her arm—a strong muscle response indicates a "yes," and a weak one means "no." This process was aimed at exploring what unconscious emotional factors might be affecting her disease. Antje Kessler led Hildegard all the way back to when she was in her mother's womb. Kessler

discovered, by means of Hildegard's response, that her mother had not wanted her. Hildegard immediately began crying—so hard she couldn't even breathe—as the terrible feeling of being unwanted took hold. She was experiencing something that, despite years of therapy, had never been brought to consciousness.

The following morning Hildegard woke with the left side of her face numb and swollen, and a rash on her forehead. When she told the Kesslers what had happened, they were very pleased. "She was having a healing crisis," Kessler told me. "That's an elimination process, the body bringing the problem from the inside to the outside." He continued to treat her herpes with the Ondamed.

Although the healing crisis was alarming, it marked a turning point. "Just understanding what had happened to me was extremely healing," Hildegard told me later that day. "With that information, you can make a decision to change." She continued treatment in the clinic for seven days, using the Ondamed to target the herpes virus and the parasites, as well as a variety of homeopathic remedies and supplements, plus a form of lithium for her depression.

Along the way, I witnessed her transformation. She became more vivacious and animated with every pass-

ing day. Toward the end of the week I asked her how she felt. "It's been incredible," she told me. "I've been sleeping well—no more waking up in the middle of the night with my heart racing." I was amazed. In a week's time, 50 years of physical and emotional problems had disappeared. "Now I feel that I am really living," she said.



Hildegard's facial numbness and rash were actually the first step on her road to recovery, said her doctor.

When I asked Kessler about Hildegard's recovery, he attributed it primarily to the Ondamed. "In healing medicine, the non-responding patient is the problem," he said. "The problem is blockages." Blockages, he explained, are accumulations of acids in certain areas. The acids are composed of hydrogen atoms, which are positively charged and, as such, act like micromagnets. If you have an accumulation of micromagnets, that area of the body becomes a static field. "To turn a static field into a living field," says Kessler, "you have to find the exact location and then treat it on

the spot with the right electromagnetic frequency."

As for Hildegard, an email she sent recently from Germany reported that her herpes outbreaks had disappeared, the postnasal drip that had been a constant companion was gone, and most important, she was free of depression and anxiety. "I feel tremendously well," she said. ☐