

I know that I don't know, but many don't know even that. (Socrates)



We may have years and years of experience, and we may think we know more the more years and experience we are collecting. I would like to challenge this assumption. If you look at experience and what we draw from it, it is always limited to that specific circumstance in life. We are not able to apply what we have learned in the past. We are, however, able to apply ourselves.

Let's look at what experience is: Individual and unique stories that will most likely not repeat themselves. So, when we draw from our experience, we dig into the stories in which we have been involved and try to somehow fit this old story into the new one or vice versa. We are creating pictures, facts, emotions, visualization, sound recollection and more into our memory, scanning through for a match to figure out how to move forward within the new story.

This process can become very complicated and may exhaust our options since we draw from this one book of experiences. We may, of course, pull in experiences that are published in books, scientific papers, or heard and viewed on aired media, such as radio, TV, and the internet.

In looking at all this, I get the feeling that the more you have experienced and read and viewed and heard, the more confusing finding a solution might get. Part of the reason may be that we are working within the limits of our brain.

What might being open and naive do for us: Applying ourselves to an experience at that very moment without expectation and free of limitation.

While assessing a situation I encourage freeing yourself from any attachment to allow pulling in from a consciousness that is bigger than our own.

Falling into that very moment with a situation, focusing on connecting without thought or expectation, allowing all senses and sensory antennas to be open and ready to receive.

Allowing your actions and response to incoming stimulus to flow, and moving with the energy of life, may prove more profound and valuable than drawing from our experience.

We are so very limited within our small worlds. I believe Socrates is correct with his quote "I know that I don't know, but many don't know even that". I would even go further and say that the more we know, the more we know that we don't know.

Keep your antennas raised and your mind open to possibilities that are not within our reach of thought at the moment.

When offering a health solution like ONDAMED, we encourage your openness and flow at this very moment in time. Working on the atomic level has been discussed in the far past by well known spiritual leaders. Transforming life energy is an art of the highest and most profound sciences. Our methodology brings about an opportunity for each user to allow part of subconscious to connect with conscious levels, thereby facilitating a re-connection to the super consciousness.

Transformation takes place. Miracles happen.